

Team
Performance

Staff
Turnover

Pathways Australia
Our mission is to help you achieve yours!

Increased
Leadership
Ability

Increased
Personal
Well-being

Emotional intelligence = success. How to get your share!

Book online: pathwaysaustralia.com.au | Enquiries: 1300 212 212

“Thank you! I now have a clear sense of what my strengths are and areas I need to work on... and at last I have the tools and knowledge I need”

Margaret Meaker. Star Association

Course overview: _____

Have you ever said or done something you later regretted because you felt angry or frustrated at the time? Probably most of us have and maybe multiple times! Learning and developing your emotional intelligence will help you to:

- ✓ Become aware of your emotions as they arise
- ✓ Manage them rather than allowing them to manage you
- ✓ Recognise and respond well to the emotions of others
- ✓ Develop and maintain healthy and constructive relationships with others

When and where: _____

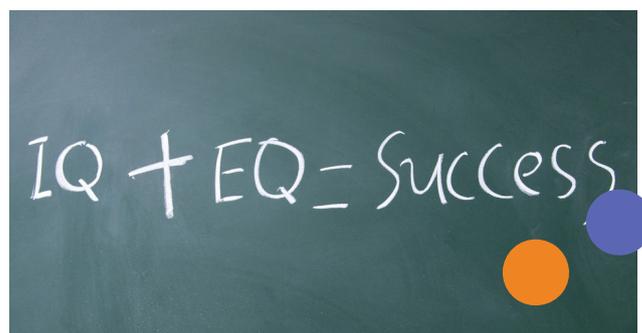
This course will be conducted at various States and Territory Capital Cities around Australia. All venues are inner City and easily accessible. Details are provided when you book.

For specific locations and dates please visit our website: www.pathwaysaustralia.com.au

The day commences at 9:30am and concludes at 3.30pm. Refreshments and lunch are provided.

We can also provide this as an in-house course tailored to your requirements. Call our office on 1300 212 212 for further details.

See reverse side for program details.



What you will get: _____●

- ✓ Engaging and practical training
- ✓ A full set of electronic notes
- ✓ Morning tea & lunch
- ✓ Post-course telephone support

Attend if you want to: _____●

- ✓ Be a more effective leader
- ✓ Develop your interpersonal skills
- ✓ Become an influencer
- ✓ Enjoy improved relationships

The program

Why emotional intelligence matters more than IQ when it comes to inspiring others and increased levels of personal and professional satisfaction.

Self-awareness - Understanding yourself

- ✓ Understand how your emotions impact on your behaviours, decision making and performance

Self-management - Managing yourself

- ✓ Understand how to actively choose what to say and do.

Social awareness – Understanding the emotions of others and being empathetic

- ✓ Learn how to read, interpret and respond constructively to the emotions of others

Relationship management – Developing and maintaining quality relationships

- ✓ Understand how to build trust, get cooperation and form strong connections with people at all levels

Learn practical and proven techniques throughout the day that will lead to greater success and satisfaction in your private and business lives!

Course fee: \$385 ex GST.

Book at least 3 people into this course and get a 10% discount. Use discount code **D10** when booking.

BOOK ONLINE: PATHWAYS AUSTRALIA.COM.AU

ENQUIRIES: 1300 212 212



Christine Wilson

B. Ed

'So many great tips and ideas. I will be a much better leader and person as a result. Excellent!'

Nikki Balzer. RSPCA

About your presenter: Christine Wilson has been working in the area of adult learning and development for over 20 years. She has worked across the community, university, government and private sectors and with audiences spanning frontline staff to executive leadership teams.

She has a deep passion for enabling thriving workplaces by providing people with a better understanding of their strengths and current limitations. Her workshops are highly interactive and help people break through obstacles to superior, professional performance.

Chris has a Bachelor of Education and accreditation in MBTI, Genos Emotional Intelligence Inventory and Human Synergistics Life Styles Inventory.